



PAC-10 NEWS

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CALIFORNIA'S DANA VOLLMER NAMED PAC-10 WOMEN'S SWIMMER OF THE MONTH

WALNUT CREEK, Calif. – CALIFORNIA swimmer **Dana Vollmer** has been named Pac-10 Women's Swimmer of the Month for February, Commissioner Tom Hansen announced today.

After a strong set of performances against Stanford, Vollmer, from Granbury, Texas, was a part of five Pac-10 titles at the Pac-10 Championships and won two individual titles in the 100 butterfly and tying for the 50 freestyle. In addition, the sophomore swam on Cal's three winning relays for the 800 freestyle, 400 medley and the 400 free. Vollmer swam a blistering 22.05 to tie Arizona's Lara Jackson for first place in the 50-yard freestyle final, which marked a lifetime best time and also tied the meet record set by former Bear Natalie Coughlin in 2003. Vollmer also won the 100-yard butterfly in a lifetime best and meet record of 50.80, which is also an NCAA 'A' Championships automatic qualifying time. Her performance surpassed her previous lifetime best of 52.11 and ranks her second behind Coughlin on Cal's all-time list in the 100 fly.

Against Stanford earlier in the month, Vollmer's times in the 100 and 200 flies were lifetime bests and the two relays she swam on set pool records at Spieker Aquatics Center.

This is the second monthly honor for Vollmer and California's fifth Swimmer of the Month all-time.

2006-07 PAC-10 WOMEN'S SWIMMER OF THE MONTH: Nov. - **Julia Smit**, Fr., STAN; Dec. - **Dana Vollmer**, So., CAL; Jan. - **Emily Silver**, Jr., CAL; Feb. - **Dana Vollmer**, So., CAL.

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